

How I Breathe

Body Trace

1. Have students work with partners to trace each others body outline onto a large piece of paper.
2. Have students draw the body parts on their outline as prompted by the cues below.

Note: *The body parts are listed in order from head to toe, mix it up if you wish!*

1. Your brain lives here. (HEAD)
2. Use this to do your work and your teacher will thank you! (BRAIN)
3. You see the world with these two body parts. (EYES)
4. You smell popcorn at the movie theatre with this body part! (NOSE)
5. You eat, smile and say NO to tobacco with this body part! (MOUTH)
6. This body part connects your mouth and nose to your lungs. (WINDPIPE)
7. These body parts allow you to move your arms to throw a ball. (SHOULDERS)
8. These body parts fill with oxygen and help you breathe clean air. (LUNGS)
9. This body part pumps blood through your body. (HEART)
10. These body parts allow you to bend your legs to jump up and down while watching a Roughrider game! (KNEES)
11. These ten body parts help you balance while you walk and dance. (TOES)